## Mr. Lewis' Weekly Round-Up....

Happy Friday to everyone! We have a track and a field!!! It is official. Thank you so very much for your patience throughout this project. We have begun our 3rd and 4th Grade Running Club and will begin our morning program soon. We will have to stay off of the sod for a few weeks but it is absolutely beautiful. Once the fundraiser is complete, we are hoping to be able to purchase a sound system that we can use for many outdoor programs and activities.

Thank you to everyone who assisted with our Green Apple Day of Service. Mrs. Breashears did an amazing job of coordinating this with our partners: Lowe's, the U.S. Green Buildings Council, the Conway Advocates for Bicycling, and the JSE PTO. Everything looks amazing and I hope you'll have a chance to check things out soon!

Thank you so much for participating in our World's Finest fundraiser. We have a little more time left and quite a few boxes to sell. Let us know if you need anymore candy bars!

Have a great weekend!
Mark Lewis

## Volunteers Needed!

Our track is now complete so we would like to start a morning walk/ jog program to help get the wiggles out! You can choose to volunteer for a day or two per week or daily. The program will be Monday through Thursday from

7:30-8:00, weather permitting. Responsibilities include: signing in at the office, picking up students from the cafeteria, taking them to the track \& monitoring them as they move around the track.
The program is for 1st through 4th grade. K can participate if they have a parent volunteer. If this sounds like something you would like to do please contact Laurel Breashears at
breashearsl@conwayschools.net.
We would like to start October 12.

Candy bar sales have been extended until Friday, October 9.
Please help us meet our goal!

## Watch DOGS and MASH Moms Kickoff Event

October 13th at 5:30 pm in the School Cafeteria Be sure to turn in your registration forms!

## School Lunch Menu October 5-9

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| Mini Maple Pancakes w/Turkey Bacon Assorted Cereal with Assorted WG Pop Tart <br> Kellogg's Assorted Pop-tarts Breakfast Ring Mini Chocolate Rings Mini Powdered Rings Assorted Juice Fruit Choice Milk of Choice | Chicken \& Waffles Assorted Cereal with WG Oatmeal Bar Kellogg's Assorted Pop-tarts Breakfast Ring Mini Chocolate Rings Mini Powdered Rings Assorted Juice Fruit Choice <br> Milk of Choice | French Toast Sticks w/Turkey Bacon Assorted Cereal with Assorted WG Pop Tart <br> Kellogg's Assorted Pop-tarts Breakfast Ring Mini Chocolate Rings Mini Powdered Rings Assorted Juice Fruit Choice Milk of Choice | Sausage Biscuit w/ Jelly <br> Assorted Cereal with WG Oatmeal Bar Kellogg's Assorted Pop-tarts Breakfast Ring Mini Chocolate Rings Mini Powdered Rings Assorted Juice Fruit Choice <br> Milk of Choice | Pancake \& Sausage on a Stick w/Syrup Assorted Cereal with Assorted WG Pop Tart <br> Kellogg's Assorted Pop-tarts Breakfast Ring Mini Chocolate Rings Mini Powdered Rings Assorted Juice Fruit Choice Milk of Choice |
| Cheese Stuffed <br> Breadsticks w/ Marinara Sauce Green Beans Pineapple Cherry Swirl Fruit Ice Milk of Choice | Mini Corn Dogs w/ Spiral Fries Cucumber Slices Strawberry Cup <br> Milk of Choice | Cheeseburger Flatbread Melt w/ Cool Ranch Doritos Baby Carrots w/ Ranch Dip Fresh Apple <br> Milk of Choice | Chicken Nuggets w/ Potatoes \& WW Roll Lemon Pepper Broccoli Pear Cup <br> Milk of Choice | Homemade <br> Pepperoni Pizza Garden Salad w/ Ranch Dressing Fresh Grapes Homemade Oatmeal Cookie Milk of Choice |

Conway Public School Mass Flu Clinic

Conway High School Cafeteria October 19th: $4 \mathrm{pm}-7 \mathrm{pm}$

Extended Hours

Faulkner County Health Unit 811 North Creek Drive October 21st: 4pm-7pm October 22nd: 4pm-7pm

## Community Mass Flu Clinic

Flu mist will be offered during the county mass flu clinic.


School Picture Day is
October 15

> Faulkner County Health Unit
> 811 North Creek Drive
> October 30th: 8pm-5:30pm

HANG UP BEFORE YOU PICK-UP STUDENT DROP-OFF AND PICK-UP IS A NO CELL PHONE ZONE HELP KEEP OUR CHILDREN SAFE



