## Mr. Lewis' Weekly Round-Up....

Happy Friday to everyone! Another week is in the books and we have lots of exciting things coming up!

Parent/Teacher Conferences are next week! Contact your child's teacher if you don't have a time scheduled!

Our Fundraiser has kicked off. Please help us to raise money for school materials, equipment and programs!

Attention Second, Third and Fourth Grade Parents! Our AM Running Club has kicked off and the kids are loving it! Parents of Fourth Graders will also be receiving information on an afternoon running program that will conclude during Screen Free Week with a 5K. This requires parent permission because of the training schedule for our kids. There will also be volunteer opportunities!

November $12^{\text {th }}$ will be our WatchDOGS and MASHmoms Kickoff Pizza Night Event. Please be watching for upcoming information for our training event for our moms, dads, and important people in your child's life that will enable all of you to become a positive role model for our kids!

Mr. Lewis

## Upcoming Events

October 16 - October 29 -Fall Fundraiser

October 24 and 25-Parent Teacher Conferences November 7-Flu Vaccinations

Jim Stone Fall Fundraiser Important Information
All Money and Orders due on: Monday, October 29th

Make checks payable to J.S.E. PTO
Please write Student and Teacher's name on ALL checks.
Product pickup will be Tuesday, November 27th
Order online at www.sigfund.com.

## Chagecter Coubts

Character Word for October

Responsibility - Doing your part when working together

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## 2012-13 FLU VACCINATION INFORMATION

The Health Dept. will be here on Wednesday morning, November 7th, to administer both types of flu vaccines offered this year. They will be able to give either the inactivated (shot) or the live (nasal) depending on individual health conditions. Please refer to conwayschools.org website to print and complete all required forms (total of 3 pages).
Permission forms must be turned into Nurse Kim by October 27th to be included!!

# School Menu <br> October 22-October 26 

| Monday | Tuesday | Wednesday | Thursday | day |
| :---: | :---: | :---: | :---: | :---: |
| Choice of One Eggo Blueberry Pancakes <br> \& Crispy Bacon or <br> Whole Grain Cereal w/Whole Grain Poptart <br> Fruit Juice Milk of Choice | Choice of One Eggo Blueberry Pancakes <br> \& Crispy Bacon or <br> Whole Grain Cereal w/Whole Grain Poptart <br> Fruit Juice Milk of Choice | Choice of One <br> Whole Grain Cereal <br> w/Honey Wheat <br> Donut <br> or <br> Whole Grain Cereal w/Whole Grain Poptart <br> Fruit Juice Milk of Choice | Choice of One <br>  <br> Sausage Patty or <br> Whole Grain Cereal w/Whole Grain Poptart <br> Fruit Juice Milk of Choice | Choice of One Chicken Biscuit or Whole Grain Cereal w/Whole Grain Poptart <br> Fruit Juice Milk of Choice |
| Choice of One <br>  <br> Whole Wheat Roll or Sloppy Joe Slider w/Garden Salsa Sun Chips <br> Fruits Offered <br> Diced Pears <br> Apple Juice <br> Vegetables Offered <br> Seasoned Green Beans Carrot Sticks <br> Milk of Choice | Choice of One <br> Turkey Pot RoastWhole Wheat Roll or <br>  <br> Whole Wheat Roll <br> Fruits Offered Grape Juice Orange Wedges Vegetables Offered Roasted Potatoes Cucumber Slices <br> Milk of Choice | Choice of One <br> Beef Hot Dog w/ <br> Baked Potato Crisps or <br> Yogurt/Cheesy Breadstick <br> Fruits Offered Peach Cup <br> Pineapple Juice Vegetables Offered Seasoned Whole Kernel Corn Carrot \& Celery Sticks Milk of Choice | Choice of One Montreal Baked Chicken w/Mashed Potatoes \& Whole Wheat Roll or Taco Salad <br> Fruits Offered Grapes Orange Juice Vegetables Offered Black Beans Green Pepper Strips <br> Milk of Choice | Choice of One Pepperoni Pizza or <br> Ham \& Cheese Wrap w/Pretzels <br> Fruits Offered <br> Pineapple \& Banana Cup Apple Juice Vegetables Offered Broccoli Florets Carrot Sticks <br> Milk of Choice |

OUR FIRST SUBMISSION IS DUE NOV 1ST SO PLEASE CONTINUE TO CLIP AND SEND YOUR BOX TOPS. ALSO REMEMBER TO SHOP THROUGH THE MARKETPLACE AT www.boxtops4education.com Examples of stores: HALLOWEEN EXPRESS, ORIENTAL TRADING CO, SNAPFISH, APPLE, EXPEDIA, INK CARTRIDGES ,ITUNES, DOG.COM AND MANY OTHERS! OUR SCHOOL WILL RECEIVE A PERCENTAGE OF YOUR TOTAL AND THERE IS NO EXTRA EXPENSE FOR YOU--EASY WAY TO HELP OUR SCHOOL.

REMEMBER TO WRITE YOUR NAME AND TEACHER'S NAME ON BAG SO YOUR CLASS RECEIVES THE CREDIT. THE CLASS WITH THE MOST BOX TOPS AT THE END OF EACH MONTH WILL WIN 15 MINUTES OF EXTRA RECESS.

YEARBOOK! YEARBOOK! YEARBOOK!

